

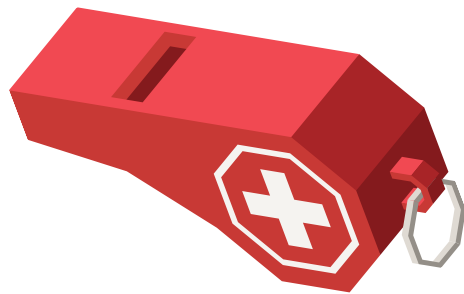
AMERICAN RED CROSS LIFEGUARDING COURSE

Includes First Aid, CPR/FPR and AED. This is a blended learning course: part self guided online and part in-person skills training. There is a Pre-Test to qualify for the course.

PRE-TEST REQUIREMENT:

FEE: \$209.50

MUST be 15 yrs old or older
300 Yards continuous swimming
Treading water
Object retrieval



CLASS DATES:

LOCATION:

- **JUNE 5TH - 9AM SKILL PRE TEST**
- REGISTRATION DEADLINE**
- **JUNE 6-12 ONLINE AT HOME PORTION**
 - **JUNE 13-16TH IN PERSON CLASS 7AM-11AM**
 - **JUNE 17TH- FINAL DAY/EXAM**

**Villages of Kapolei Recreation Center
(Pool)**

91-1111 Kamaaha Loop, Kapolei

**TO REGISTER SEE RECREATION STAFF OR CALL
(808)674-4444. ONLY 10 SEATS, REGISTER EARLY.**